

HEALTH & WELLNESS P.E. Trudeau HS



updated Oct 30/17

What is SHSM?

Specialist High Skills Majors let students focus on a career path that matches their skills and interests while meeting the requirements of the Ontario Secondary School Diploma (OSSD)

Why consider SHSM – Health & Wellness

This program enables students to:

- Customize their secondary school education to suit their interests and skills
- Complete sector recognized certifications to build their resume
- Prepare for post-secondary opportunities
- Explore and refine their career goals
- Earn the SHSM Distinction on their OSSD
- Engage in experiential learning with like-minded peers

 Required Certifications (4) CPR level C (with AED) Standard First Aid WHMIS generic Infection Control NEW*** Sector Partner Contextualized Content (SPCC) NEED 1 of: Innovation, Creativity, Entrepreneurship (ICE) Coding Mathematical Literacy 	 Elective Certifications (min 3) Customer Service Personal inventory Safe Food Handling Wrapping and taping for performance & injury Conflict resolution Sterile techniques Suicide Prevention SAFETALK 	 Possible Reach Ahead / Experiential Learning Field Trips university/college workshops industry tours skills competitions career fairs guest speakers P.A.R.T.Y. Program
--	--	--

Co-op Placements (minimum 2 credits- ½ a day for 1 semester)

Students apply their learning from an SHSM pathway course in an authentic learning environment. Future careers may include one of the following (this is not a complete list of careers for this sector):

 Biomedical Engineering 	Early Childhood Education
Medical Secretary	Child and Youth Workers
Child & Youth Worker	Pharmacist
Nursing	Education Assistant
Dentist	Physiotherapist
 Personal Support Worker 	Hairstylist
	Veterinary Medicine
k∰A	PPLY TO SHSM! it.ly/YRDSBSHSMapp



HEALTH & WELLNESS

P.E. Trudeau HS



How many credits do I take in this section?	Choose from the following courses:	Also remember for this section…
4	HFA4C/U (Nutrition and Health) HFC3M (Food & Culture) HHS4C/U (Families in Canada) HPC3O (Parenting) HPW3C (Working with Children) HSE4M (Equity & Social Justice)* HSP3C/U (Anthro/Psych/Soc) PAF3O/4O (Fitness) PAI4O (Badminton) PAL3O/4O (Volleyball) PAD3O/4O (Volleyball) PAD3O/4O (Outdoor Ed) PLF4M (Leadership) PPL3O/4O (Phys Ed) PSK4U (Exercise Science) SCH3U/4C/U (Chemistry) SBI3C/U/4C/U (Biology) SNC4M (Health Sciences) TXJ3E (Hairstyling)	 This section is called "<u>Major Credits</u>" You need at least one credit at the Grade 11 level You need at least one credit at the Grade 12 level Many Dual Credit Courses, offered through the YRDSB's Dual Credit Program, also count in this category Courses in this category should be taken at Trudeau in DAY school Students who take 4 credit co-op may count one credit towards the Major Credits or Related Credits section
1	BDI3C (Entrepreneurship) HFA4C/U (Nutrition and Health) HHS4C/U (Families in Canada) HPC3O (Parenting) HPW3C (Working with Children) HSB4U (Challenge & Change) HSP3C/U (Anthro/Psych/Soc) HZB3M/HZT4U (Philosophy) PSK4U (Exercise Science) SBI3C/U (Biology) SCH3U/4C/4U(Chemistry) SPH3U/4C/4U (Physics) SVN3E/M (Environmental Science) SES4U (Earth and Space Science) GLE4O/GLS4O (Learning Strategies) ICS3C/3U/4C/4U (Computer Science) OLC4O (Literacy) MEL3E/MEL4E (Mathematics)	This section is called " <u>Related Credits</u> "
1	ENG3C/E/U	
1	MBF3C MCF3M MCR3U MEL3E	

* pending Ministry approval