

HEALTH & WELLNESS P.E. Trudeau HS



updated Oct 30/17

## What is SHSM?

Specialist High Skills Majors let students focus on a career path that matches their skills and interests while meeting the requirements of the Ontario Secondary School Diploma (OSSD)

## Why consider SHSM – Health & Wellness

This program enables students to:

- Customize their secondary school education to suit their interests and skills
- Complete sector recognized certifications to build their resume
- Prepare for post-secondary opportunities
- Explore and refine their career goals
- Earn the SHSM Distinction on their OSSD
- Engage in experiential learning with like-minded peers

<ul> <li>Required Certifications (4)</li> <li>CPR level C (with AED)</li> <li>Standard First Aid</li> <li>WHMIS generic</li> <li>Infection Control</li> <li>NEW***</li> <li>Sector Partner Contextualized</li> <li>Content (SPCC) NEED 1 of: <ul> <li>Innovation, Creativity, Entrepreneurship (ICE)</li> <li>Coding</li> <li>Mathematical Literacy</li> </ul> </li> </ul>	<ul> <li>Elective Certifications (min 3)</li> <li>Customer Service</li> <li>Personal inventory</li> <li>Safe Food Handling</li> <li>Wrapping and taping for performance &amp; injury</li> <li>Conflict resolution</li> <li>Sterile techniques</li> <li>Suicide Prevention</li> <li>SAFETALK</li> </ul>	<ul> <li>Possible Reach Ahead /</li> <li>Experiential Learning Field Trips</li> <li>university/college workshops</li> <li>industry tours</li> <li>skills competitions</li> <li>career fairs</li> <li>guest speakers</li> <li>P.A.R.T.Y. Program</li> </ul>
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## Co-op Placements (minimum 2 credits- ½ a day for 1 semester)

Students apply their learning from an SHSM pathway course in an authentic learning environment. Future careers may include one of the following (this is not a complete list of careers for this sector):

<ul> <li>Biomedical Engineering</li> </ul>	Early Childhood Education
Medical Secretary	Child and Youth Workers
Child & Youth Worker	Pharmacist
Nursing	Education Assistant
Dentist	Physiotherapist
<ul> <li>Personal Support Worker</li> </ul>	Hairstylist
	Veterinary Medicine
k∰A	PPLY TO SHSM! it.ly/YRDSBSHSMapp



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How many credits do I take in this section?	Choose from the following courses:	Also remember for this section…
4	HFA4C/U (Nutrition and Health) HFC3M (Food & Culture) HHS4C/U (Families in Canada) HPC3O (Parenting) HPW3C (Working with Children) HSE4M (Equity & Social Justice)* HSP3C/U (Anthro/Psych/Soc) PAF3O/4O (Fitness) PAI4O (Badminton) PAL3O/4O (Volleyball) PAD3O/4O (Volleyball) PAD3O/4O (Outdoor Ed) PLF4M (Leadership) PPL3O/4O (Phys Ed) PSK4U (Exercise Science) SCH3U/4C/U (Chemistry) SBI3C/U/4C/U (Biology) SNC4M (Health Sciences) TXJ3E (Hairstyling)	<ul> <li>This section is called "<u>Major Credits</u>"</li> <li>You need at least one credit at the Grade 11 level</li> <li>You need at least one credit at the Grade 12 level</li> <li>Many Dual Credit Courses, offered through the YRDSB's Dual Credit Program, also count in this category</li> <li>Courses in this category <b>should</b> be taken at Trudeau in DAY school</li> <li>Students who take 4 credit co-op may count one credit towards the Major Credits or Related Credits section</li> </ul>
1	BDI3C (Entrepreneurship) HFA4C/U (Nutrition and Health) HHS4C/U (Families in Canada) HPC3O (Parenting) HPW3C (Working with Children) HSB4U (Challenge & Change) HSP3C/U (Anthro/Psych/Soc) HZB3M/HZT4U (Philosophy) PSK4U (Exercise Science) SBI3C/U (Biology) SCH3U/4C/4U(Chemistry) SPH3U/4C/4U (Physics) SVN3E/M (Environmental Science) SES4U (Earth and Space Science) GLE4O/GLS4O (Learning Strategies) ICS3C/3U/4C/4U (Computer Science) OLC4O (Literacy) MEL3E/MEL4E (Mathematics)	This section is called " <u>Related Credits</u> "
1	ENG3C/E/U	
1	MBF3C MCF3M MCR3U MEL3E	

\* pending Ministry approval